

**PROCEEDINGS OF THE COMMISSIONER OF SCHOOL EDUCATION,
ANDHRA PRADESH, AMARAVATI - IBRAHIMPATNAM**

Proc. Rc. No. 443/B2/C&T/SCERT/2014

Dated:21.04-2017

Sub: School Education – Implementation of Physical Literacy (PL) and Calendar of activities in Schools – Certain Guidelines issued - Reg.

Ref: 1. Pr.Rc.No.279/B/C&T/SCERT/15, of the Director, SCERT dt:9-7-2015.
2. Pr.Rc.No.279/B/TE/SCERT/15 of the Director SCERT dt:28-11-2015.
3. Repts. from various teacher unions and subject teacher forums.
4. Pr.Rc. No. 443/B2/C&T/SCERT/2014 of this office, Dt:23.07.2016.

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All the Regional Joint Directors and District Educational Officers in the State are informed that Physical Literacy, is described as the motivation, confidence, physical competence, knowledge and understanding to maintain physical activity throughout the life course. Physical Literacy is as important as reading and writing. Absence/lack of Physical Literacy impacts growth, development, happiness, productivity and life expectancy of citizens. Physical literacy is the foundation for developing the skills, knowledge, and attitudes needed for citizens to lead healthy, active lives throughout their life time.

Realizing that Physical Literacy/Activity is a wonderful way to nurture various skills in children, Government of Andhra Pradesh took a momentous decision to adopt physical literacy education and yoga in the school curriculum of all the schools.

As a part of implementation necessary guidelines were issued in the proceedings 4th cited prescribing the time table for Physical Literacy and Yoga in all Schools. But, it came to the notice of the under signed that the Physical Literacy implementation as per time table is not up to the mark in most of the districts/schools.

Therefore, while enclosing the updated time table and connected guidelines, all the Regional Joint Directors and the District Educational Officers are requested to ensure that

1. Necessary instructions along with time and guidelines are sent to all the schools under their jurisdiction.
2. The Physical Literacy and Yoga to be implemented in all the schools without fail.
3. Instructions are issued to the field officers to monitor the implementation of Physical Literacy and Yoga.
4. Physical Fitness/Battery test values should recorded properly in the format provided (annexure - ii), and the data upload online in the web link, provided separately.
5. Instructions are issued to the Head Masters and P.ETs for the effective conduct and active participation in the Calendar activities/events 2016-17.
6. Out of total 6 periods, three (3) periods shall be allotted for Physical Literacy, Games & Sports and the remaining three periods for Yoga and Health Education. (Cinder chry H.E & M.O)

These instructions shall reach each and every Deputy Educational Officer, MEO and School (pry/UP/HIS) to implement the program as per time table and guidelines as per rules in vogue.

for *MV Pahlwan* 21/4/17
COMMISSIONER OF SCHOOL EDUCATION
ANDHRA PRADESH

To
All the District Educational Officers in the State.

- Copy to all Regional Joint Directors of School Education in the State for information.
- Copy submitted to the Principal Secretary to the Govt., Dept. of School Education

- All wafare depts -